

# EVENT DAY Volunteering Guide

A guide to volunteering at Mother's Day Classic events

**Connect with us** 

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#### **Acknowledgement of Traditional Owners**

The Mother's Day Classic Foundation respectfully acknowledges the Traditional Owners of the various lands on which each Mother's Day Classic event is located.

We pay respect to Elders past, present and emerging, and celebrate the diversity of Aboriginal peoples and their ongoing cultures and connections to the lands on which all of our Mother's Day Classic (MDC) events are held.

# Join our community of volunteers

Volunteers are vital to the success of all our Mother's Day Classic events. Since 1998, thousands of people across Australia have contributed valuable skills, time, and energy in a range of capacities to help bring events to life. There are many reasons and motivations behind why people volunteer, and no matter how much time you have available, or the type of skills and experience you have or don't have, you can volunteer.

### Read on for information about joining our community of volunteers and getting active for breast cancer research.



### **Fast facts**

## Our aim is to raise funds and awareness for vital breast cancer research.

We can't do this without relying on the generosity, support and time given by our community of volunteers.

- Breast cancer is the second most diagnosed cancer in Australia
- 1 in 7 women and 1 in 600 men will be diagnosed with breast cancer in their lifetime
- Currently, approximately 57 Australians will be diagnosed with breast cancer every day
- The Mother's Day Classic began in 1998 and \$41.5 million has now been donated to the National Breast Cancer Foundation (NBCF)
- Since 1998, the 5-year survival rate has increased from 84% to 91%, thanks largely to research
- Everyone involved in the Mother's Day Classic is helping to fund essential research

### Visit our website to learn more about the Mother's Day Classic: <u>www.mothersdayclassic.com.au</u>

"I feel very satisfied knowing I've given something back to those suffering this terrible disease."



"I know that

every dollar raised will make a

difference."

# Being a volunteer has lots of benefits

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#### Volunteering is one of the most rewarding things you can do.

Not only will you make a difference by supporting and honouring those diagnosed with breast cancer in Australia, but it's a great opportunity to bring more meaning and purpose to your own life:

- Meet like-minded people and create new networks
- Learn new skills, or add to the ones you already have, and gain experience
- Challenge yourself by trying something different
- Gain confidence and increase your self-esteem
- Have fun whilst having a positive impact on your community

"Everyone was in a good mood. It was a great event, very energising" "I love meeting new people and catching up with volunteers I've met in the past."



# Anyone can volunteer

Our volunteer program is inclusive and accessible to people from different backgrounds, with diverse perspectives, identities, talents, abilities, and skills.

- Are you a young person keen to learn something new and find what excites you?
- Are you a student looking to gain experience to improve your chances of employment?
- Are you an older adult, looking to socialise and keep active?

There are no age restrictions to volunteer at a Mother's Day Classic event. However, if you are under the age of 18 years on event day, the supervision of an adult and consent of a parent or guardian is required before volunteering. Our supervision ratio requirement is 1 adult to a maximum of 10 juniors.

# Mother's Day Classic also offers great group volunteering opportunities:

- Do you belong to a club, association, group, or team looking for a unique and meaningful volunteering experience?
- Is your workplace looking for an opportunity to re-connect with your team, build and reveal skills, and build positive relationships within your organisation and community?
- Are you connected to an education institution that promotes volunteering as part of formal learning or as an extracurricular activity?

Depending on the size of your group, you could be rostered to stick together on event day, or choose to be mixed up – either way, a Volunteering Coordinator will work with you to create a fun and memorable experience! We can also provide you with a range of resources to help recruit members to your volunteering group.

Please note that volunteers may be subject to background checks such as Working with Children Check (free of charge for volunteers) and proof of COVID-19 vaccination, as per government requirements.





### Your event day experience

You're part of the team. There are many roles you can play at one of up to 70 events across Australia from course set-up, getting walkers and runners underway from the start, greeting them at the finish line and cheering them on around the course.

#### For Mother's Day Classic events to run successfully, we need reliable event day volunteers. We ask that you:

- Be punctual
- Communicate with us if things change
- Behave in a manner that reflects positively on Mother's Day Classic
- Are flexible and able to accommodate change

You'll be well prepared for the day. Ahead of event day, we'll share details about what to wear, what to bring, where and whom to meet, and what time to arrive. You'll be required to familiarise yourself with the event at your chosen location, and we may ask you to undertake some simple online training.

On event day, you'll be well looked after. And at the end of the day, you can request a Certificate of Appreciation to recognise your efforts, and we'll also ask you to share your thoughts and provide feedback so we can improve on our volunteer experience.

"I liked watching people smile back at me when we cheered them on"

# **Registering to volunteer is easy**

We use a program called Rosterfy to register and share information with volunteers. It's important all volunteers register through Rosterfy as registration helps us gather accurate volunteer numbers and allows us to communicate with you quickly and easily.

If you're new to Mother's Day Classic, you'll need to create a Rosterfy account to register to volunteer. <u>Click here</u> to create an account and get started by submitting the Volunteer Registration form.

If you're returning to volunteer and have a Mother's Day Rosterfy account, speed up your registration with a partly pre-filled form. <u>Click here</u> to get started.

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If you're under the age of 18 years on event day, you'll be asked during the application process to include the contact details of your parent or guardian and supervisor, so have that information ready.

#### **Registering a group of volunteers?**

Let us know before you complete the Volunteer Registration Form, and we can set up a unique registration group and invitation link that you can share to ensure you're banded together. <u>Send details of your group via this form.</u>

#### Mother's Day Classic is Sunday 14 May 2023. Volunteer registrations are open until 11 May 2023.

"I felt part of the team as soon as I registered online."

# Get in touch

#### Interested in joining our volunteer community but have a question?

Head to the dedicated Volunteer Program page on our website <u>www.mothersdayclassic.com.au/volunteer</u> where you'll find more information and a link to the most frequently asked questions about volunteering.

And keep up to date with all things Mother's Day Classic through our social channels.

Facebook: <u>www.facebook.com/mothersdayclassicaus</u> Instagram: <u>www.instagram.com/mothersdayclassicaus/</u> LinkedIn: <u>www.linkedin.com/company/mother's-day-classic/</u> Twitter: twitter.com/MDC\_walk\_run

"I most enjoyed feeling that I was making a difference."



### Other ways to get involved

#### **Register to participate**

Join the tens of thousands of people who'll come together in a sea of pink across Australia on Mother's Day to walk, run and raise funds for breast cancer research. Online registrations open on 16 February 2023.

Visit www.mothersdayclassic.com.au

Make your experience extra special by <u>registering a team</u> of family, friends, colleagues, community group or school. Dress up together, have fun and get active for breast cancer research.

#### Host your own fundraising event

You could host a morning or afternoon tea, a games night, or even a fitness challenge. The limit is your imagination! Before getting started, please let us know about your event by requesting an <u>authority to fundraise</u> which will help those attending learn more about how donations make an impact.

#### Join an organising committee that works year-round

Make a unique contribution. Join a dedicated group of volunteers in the planning of one of our major events in Adelaide, Brisbane, Canberra, Darwin, Geelong, Gold Coast, Hobart, Melbourne, Perth, Sydney or Western Sydney. <u>Fill out this form to get started.</u>

#### Become a community ambassador

Whether they have been affected directly or indirectly by breast cancer, our community ambassadors are passionate about helping in any way they can to spread awareness and make a difference. You might have a moving or unique story about why you support the Mother's Day Classic. Maybe you come back year after year, walk with generations of your family, walk or run in a team, have breast cancer or are doing this for a loved one who has breast cancer.

If you would like to become a Mother's Day Classic community ambassador, please visit our website for more information: <a href="http://www.mothersdayclassic.com.au/ambassadors">www.mothersdayclassic.com.au/ambassadors</a>

